



Certain Dri[®] Anti-perspirant

Directions for use and important facts about perspiration problems

Certain Dri[®] contains Aluminum Chloride (AlCl₃), the ingredient prescribed by doctors to patients with hyperhidrosis or excessive perspiration. Laboratory studies prove that aluminum chloride is more effective and longer lasting than other ingredients found in anti-perspirants; yet it is safe when used as directed. **Important:** Because of its therapeutic ingredients Certain Dri[®] is used differently from all other anti-perspirants. For maximum effect, it is important to follow directions very carefully.

Directions:

1. Apply Certain Dri[®] anti-perspirant to residual limb at bedtime. This is because Certain Dri[®] works while you sleep to shrink your pores so it can stop perspiration all day. It will not wash off the next day, even after bathing or showering.
2. Apply sparingly. Use only a few sprays as a start; more if necessary.
3. You may not have to use Certain Dri[®] every day. Begin your treatment by using Certain Dri[®] once a day for one week. Then decrease to using it every other day or as needed.

Caution: Do not use immediately after shaving or showering; or if skin is broken or irritated. Skin area must be completely dry prior to application. Discontinue use if a rash develops. Keep away from eyes. Keep out of the reach of children.

Warning: Certain Dri[®] can discolor clothing if it is not completely dry. Please allow 5 to 10 minutes for the product to dry.

Facts about Perspiration Problems

- **What causes perspiration?** Any of the following factors, separately or in combination, can cause varying amounts of perspiration: physical exertion; mental or emotional stress; warm or hot temperatures; nonporous, heavy clothing; obesity or endocrine dysfunction; inherited factors.
- **Why does perspiration occur?** When your body “overheats” as a result of any of the above factors, it activates the sweat glands to produce perspiration which is emitted through your skin pores. The perspiration then evaporates to produce a cooling effect thereby reducing the skin temperature of your body.
- **What is anti-perspirant?** A true anti-perspirant, as its name implies, should shrink and close off pores to inhibit the flow of perspiration. The more effective the formulation, the more effective and longer lasting will be the anti-perspirant relief. Generally, an anti-perspirant is also a deodorant because it prevents perspiration which is the source of odor-causing bacteria; but a deodorant is not necessarily an anti-perspirant.